

NETWORK REFERRAL REP SHEET

1. Feel Comfortable.

It's understandable that people feel fake in the beginning when they aren't sure if they themselves will be successful. Even more important why you should jump all in.

But at times there will be fear and hesitation to share things that are personal about yourself. The nature of coaching has an element of privacy to it. Our practices have been private. Maybe you have a hesitation of telling people what all you are doing. Worth that out within yourself.

I want you to dig back to your church days. You shared your church. Share this. Same things. And you KNOW this one makes you FEEL better about yourself in a lasting internal way. This is a guarantee that is worth its value to share..

2.) Schedule in your 5 hours per week.

What time daily do you dedicate to this commitment. 1 hour daily, M-F

Conditioning- Keep your sharing at the front of your mind.

Scheduling- Makes sure it will be done

Consistency- Momentum and

Plan- Use these tools below and the Sunday meetings to bounce around ideas. Get creative and schedule it.

Reciprocity- No guilt when you actually followed through with what you committed to. The first commitment, trade me 5 of your hours to tell people about the tool that is shifting your life.

3. Don't talk about ME. Talk about you. The people know YOU and want to JOIN you. Use this as fuel and accountability. I get it you're scared. What if I don't last? What if I fall off and they see me. Again, work that out within yourself. You have an opportunity to perceive this as a positive and not a fear. Nothing powered and assisted me more than nothing that I daily had thousands of people following me.

Your people want to hear how it's helped YOU.

4. WRITE your weekly goals after each Sunday meetings. Put them where you can see them.

Refer 10 black women

Complete 5

5 Sales @ \$50/each = \$250 for me this week.

5 CONTENT IDEAS YOU CAN DO WEEKLY

- Try them all. Pay attention about the times you post. Document this. It won't always show up on your social media so write it. If something does well you want to know what time your audience like and post around that time more often.
- Try one a day at first and see what's the easiest for you. Get your creativity running if you want. You can schedule one of these every Monday or every Tuesday. You don't have to recreate anything if you don't want.
- Recycle content and posts. Keep track of the things that do VERY well.
- Don't look at Followers. Look for ENGAEMENT. It's the conversation that makes the connection and receiving.

1. Make your Social Media group.

The group is important. Any social media you chose that you are the most engaged with. A copy and paste (Script). This should be suer easy. You have been tracking your successes. Select any one of those wins to share. Include your code for discount.

I want to share with you a tool that I started using at the top of the year. I've tried to work with many things through the years. This program had language and breakdown that makes sense. And I want you to it out. We are doing a challenge.

- *It has reshaped the way I perceive order and structure.*
- *Helped me to learn how to design my own structure and schedule.*
 - *Helped me to get on an ordered routine.*

*In 8 weeks I _____ **fill in your success** _____.*
*I feel more balanced. More Understood. More clear on my direction. More equipped with new perspective. I highly recommend this tool if your spirit has been seeking order and reorganization. Use my code _____ **code** _____ for \$55 off. This investment has been the nest of 2023.if you want to get started with your life reorganization. You must start here with this challenge.*

www.KellyMaresha.com/solutionsoye

(hint: no caps)

2. Group Challenge. Make it like your group in engaging with you and other group members. You can give them prizes of your choice (Maybe from your business/ merge)

OR

Group Gathering- Free virtual discussion group event where you set the topic to; DAILY STRUCTURE. And you facilitate the conversation for 30 minutes live in your group. Make it an even I your group and people with

RSVP. 3-5 people is goal. The more the merrier. Talk about things you've learned along the way and realizations within yourself. Recommend the O.Y.E. to them.

3. Share any piece of my content:

- YouTube
- Instagram
- Twitter
- Facebook
- Make a meme from the Sunday class of a quote.
- A clip of one of my videos.

4. Reels

Most effective when one reel is posted daily. These are King for algorithm on IG and other SM platforms- but I will give you the hack!

Hack: When you are walking in nature or working out, get video. 60 seconds of good video can be enough for the week. Water, Nature, You flexing, Make it of something that people want or are attracted to. Video must be enticing and clear.

This video can be broken down in 5 different segments. Reels only need 5-15 seconds.

1. Upload clip
2. make t to your desired length
3. Select a song about POWER, Pride or Accomplishing things.
4. Write words or select a meme to drop inside your video. (spell check)
5. Hashtags: **#TheBaseModel #KellyMaresha #OrderYourEnergy** (must haves)
#EnergyHarness #HarnessAndHarvest #OrderYourMagic
6. Press POST

5. First of the month make a celebration post.

A gorgeous picture of you or something candidn that attacts attention and the caption

“__1,2,3,4__ month #OrderYourEnergy. I feel more _____free, productive, balanced, present, equipped, knowledgeable_____ than I have consistently in a long time.”

6. FOLLOW UP

You will need to keep a clear follow up list. The first time people don't hear you. Until you follow up right when they are in the midst of something.

My favorite lead in line. “I got tired of the up and down. Winning one month, tight the next month. Not consistent and frustrated on why I couldn't seem to keep it together for long enough. You know what I'm saying?”

7. IN PERSON

(script)

I've found a program, though a teacher that I follow, to have more time and structure through my day. It gave me clarity on how I was moving and highlighted 3 areas that no one has ever broken down so thoroughly to me before.

May I share with you my story?